

Roll



Servings:	1.00	Category:	Grain
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-8444
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
DOUGH ROLL SWT YST	1 Each	Proof dough for 40-50 minutes. Bake: Rack Oven at 375 degrees F for 12-14 minutes. Convection Oven at 325 degrees F for 10-12 minutes.	182780

Preparation Instructions

Proof dough for 40-50 minutes. Bake: Rack Oven at 375 degrees F for 12-14 minutes. Convection Oven at 325 degrees F for 10-12 minutes.

CCP: Heat to 135 F or higher.

CCP: Hold for hot service at 135° F or higher.

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	174.80
Fat	3.00g
Saturated Fat	0.70g
Trans Fat	0.03g
Cholesterol	0.00mg
Sodium	129.80mg
Carbohydrates	32.00g
Fiber	1.10g
Total Sugar	8.00g
Added Sugar	8.00g
Protein	5.40g
Vitamin A 0.00mcg	Vitamin C 0.00mg
Calcium 9.94mg	Iron 1.67mg

Nutrition - Per 100g

No 100g Conversion Available