

Penne Alfredo



Servings:	1.00	Category:	Entree
Serving Size:	6.00 ounces	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-9234
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
ENTREE PENNE W/ALFREDO SCE	6 Ounce	Place sealed bag in a steamer or in boiling water. Heat Approximately 45 minutes or until product reaches serving temperature. CAUTION: Open bag carefully to avoid being burned.	491074

Preparation Instructions

Place sealed bag in a steamer or in boiling water. Heat Approximately 45 minutes or until product reaches serving temperature. CAUTION: Open bag carefully to avoid being burned.

CCP: Heat to 165° F or higher for at least 15 seconds.

CCP: Hold for hot service at 135° F or higher.

6 ounce spoodle

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	1.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 6.00 ounces

Amount Per Serving	
Calories	304.50
Fat	12.50g
Saturated Fat	7.30g
Trans Fat	0.06g
Cholesterol	37.00mg
Sodium	706.00mg
Carbohydrates	31.00g
Fiber	0.10g
Total Sugar	8.00g
Added Sugar	0.00g
Protein	16.70g
Vitamin A 0.00mcg	Vitamin C 0.00mg
Calcium 400.00mg	Iron 1.26mg

Nutrition - Per 100g

No 100g Conversion Available