

# BBQ Chicken & Cheese Quesadilla

<b>Servings:</b>	36.000	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00 quarters	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-56538
<b>School:</b>	CCYC		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
Shredded Mild Cheddar Cheese	9 Cup	READY_TO_EAT Preshredded. Use cold or melted	150250
CHEESE MOZZ SHRD	9 Cup	READY_TO_EAT Preshredded. Use cold or melted.	645170
CHIX DCD 1/2IN 60WHT CKD	72 Ounce		313262
BBQ sauce	18 Tablespoon		509189
TORTILLA FLOUR 10 12-12CT GRSZ	36 Each	READY_TO_EAT	713340

## Preparation Instructions

- 1) season pan of chicken with barbeque sauce
  - 2) Heat chicken in a sauté pan until >165F
  - 3) assemble 1 tortilla add cheese and seasoned chicken add 2nd tortilla
  - 4) bake at 350 for 12 mins until melted serve hot
  - 5) Cut into quarters and serve
- 1 serving is 2 quarters

## Nutrition Facts

Servings Per Recipe: 36.000

Serving Size: 1.00 quarters

Amount Per Serving	
<b>Calories</b>	317.35
<b>Fat</b>	8.30g**
<b>Saturated Fat</b>	3.96g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	49.35mg
<b>Sodium</b>	472.73mg
<b>Carbohydrates</b>	35.51g
<b>Fiber</b>	1.00g
<b>Total Sugar</b>	4.25g
<b>Added Sugar</b>	2.75g
<b>Protein</b>	23.87g
<b>Vitamin A</b> 0.00mcg**	<b>Vitamin C</b> 0.00mg**
<b>Calcium</b> 115.58mg	<b>Iron</b> 2.63mg

\*\*One or more nutritional components are missing from at least one item on this recipe.

## Nutrition - Per 100g

No 100g Conversion Available