

# Green Beans

NO IMAGE

<b>Servings:</b>	240.000	<b>Category:</b>	Vegetable
<b>Serving Size:</b>	0.50 Cup	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-23050

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEAN GREEN CUT XTRA GRN	10 #10 CAN		328251
BUTTER PRINT SLTD GRD AA	10 Ounce		191205
SEASONING MIX RNCH	6 2/3 Tablespoon		618684
SPICE ONION MINCED	6 2/3 Tablespoon		513997

## Preparation Instructions

No Preparation Instructions available.

## Meal Components

Amount Per Serving

<b>Meat/Meat Alternate</b>	0.000
<b>Grain</b>	0.000
<b>Fruit</b>	0.000
<b>DarkGreen</b>	0.000
<b>Red/Orange</b>	0.000
<b>OtherVeg</b>	0.500
<b>Beans, Peas, and Lentils</b>	0.000
<b>Starchy</b>	0.000

## Nutrition Facts

Servings Per Recipe: 240.000

Serving Size: 0.50 Cup

Amount Per Serving	
<b>Calories</b>	31.73
<b>Fat</b>	0.94g
<b>Saturated Fat</b>	0.60g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	2.55mg
<b>Sodium</b>	340.21mg
<b>Carbohydrates</b>	4.98g
<b>Fiber</b>	2.16g
<b>Total Sugar</b>	2.16g
<b>Added Sugar</b>	0.00g
<b>Protein</b>	1.08g
<b>Vitamin A</b> 0.00mcg	<b>Vitamin C</b> 0.00mg
<b>Calcium</b> 32.33mg	<b>Iron</b> 0.43mg

## Nutrition - Per 100g

No 100g Conversion Available