

Taco Salad

Servings:	40.000	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-56540
School:	Calhoun County Youth Center		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
yellow corn tortilla chips	2560 grams	about 20 chips	163020
LETTUCE ROMAINE RIBBONS	60 Cup		451730
TURKEY TACO MEAT FC	100 Ounce		768230
TOMATO 6X6 LRG	10 Cup	diced	199001
Shredded Mild Cheddar Cheese	5 1/5 Cup	READY_TO_EAT Preshredded. Use cold or melted	150250
DRESSING FREN RED CALIF	80 Tablespoon	READY_TO_EAT This ready-to-use dressing simplifies back-of-house prep. Customize this dressing by adding some honey for a sweeter taste or yogurt for a creamier taste. Create new flavorful salads or a flavorful new marinade for your burger patties.	330795

Preparation Instructions

1. Heat the turkey taco meat and black beans, seperately, until >165F
2. Place approximately 20 chips into a styrofoam clamshell, top with lettuce, taco meat, black beans, tomato and cheese.

Serve with cupped french dressing, sour cream packets and Salsa in refrigerator to hold for service at 41 ° F or cooler.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.098
Grain	2.857
Fruit	0.000
DarkGreen	0.750
Red/Orange	0.250
OtherVeg	0.000
Beans, Peas, and Lentils	0.500
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 40.000

Serving Size: 1.00 Each

Amount Per Serving	
Calories	519.26
Fat	25.12g**
Saturated Fat	4.44g
Trans Fat	0.00g
Cholesterol	45.82mg
Sodium	703.73mg
Carbohydrates	58.13g
Fiber	6.62g
Total Sugar	8.75g
Added Sugar	5.00g
Protein	18.96g
Vitamin A 374.85mcg**	Vitamin C 6.17mg**
Calcium 129.77mg	Iron 3.32mg

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

No 100g Conversion Available