

Spaghetti Noodles



| | | | |
|----------------------|--------------------------|-----------------------|------------------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 0.50 Cup | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-47833 |
| School: | Walton-Verona Elementary | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|-------------------------|-------------|---|------------|
| PASTA SPAGHETTI 10IN | 1/2 Cup | Cook Pasta accordingly in boiling water 8-10minutes. Drain, lightly toss in oil | 654560 |

Preparation Instructions

CCP Hold hot foods at 135 °F or above

Meal Components

Amount Per Serving

| | |
|---------------------------------|-------|
| Meat/Meat Alternate | 0.000 |
| Grain | 1.000 |
| Fruit | 0.000 |
| DarkGreen | 0.000 |
| Red/Orange | 0.063 |
| OtherVeg | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starchy | 0.000 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 0.50 Cup

| Amount Per Serving | | | |
|---------------------------|---------|------------------|--------|
| Calories | 100.00 | | |
| Fat | 0.50g | | |
| Saturated Fat | 0.00g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 0.00mg | | |
| Carbohydrates | 21.00g | | |
| Fiber | 1.00g | | |
| Total Sugar | 1.00g | | |
| Added Sugar | 0.00g | | |
| Protein | 3.50g | | |
| Vitamin A | 0.00mcg | Vitamin C | 0.00mg |
| Calcium | 0.00mg | Iron | 0.90mg |

Nutrition - Per 100g

No 100g Conversion Available