

Tator Tots

NO IMAGE

| | | | |
|----------------------|-----------|-----------------------|---------|
| Servings: | 166.00 | Category: | Entree |
| Serving Size: | 9.00 Each | HACCP Process: | No Cook |
| Meal Type: | Breakfast | Recipe ID: | R-44494 |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|-------------------|-------------|---|------------|
| POTATO TATER TOTS | 30 Pound | Basic Preparation CONVECTION OVEN: BAKE AT 425°F FOR 8-12 MINUTES. SPREAD PRODUCT EVENLY ON A SHALLOW BAKING PAN. TURN ONCE FOR UNIFORM COOKING. | 141510 |

Preparation Instructions

1 bag yields 27 portions

Meal Components

Amount Per Serving

| | |
|---------------------------------|-------|
| Meat/Meat Alternate | 0.000 |
| Grain | 0.000 |
| Fruit | 0.000 |
| DarkGreen | 0.000 |
| Red/Orange | 0.000 |
| OtherVeg | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starchy | 0.500 |

Nutrition Facts

Servings Per Recipe: 166.00

Serving Size: 9.00 Each

| Amount Per Serving | |
|--------------------------|-------------------------|
| Calories | 124.25 |
| Fat | 6.78g |
| Saturated Fat | 1.13g |
| Trans Fat | 0.00g |
| Cholesterol | 0.00mg |
| Sodium | 350.15mg |
| Carbohydrates | 15.81g |
| Fiber | 1.13g |
| Total Sugar | 0.78g |
| Added Sugar | 0.07g |
| Protein | 1.13g |
| Vitamin A 0.00mcg | Vitamin C 0.00mg |
| Calcium 11.30mg | Iron 0.23mg |

Nutrition - Per 100g

No 100g Conversion Available