

Pizza Munchable

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-33359

Ingredients

Description	Measurement	Prep Instructions	DistPart #
FLATBREAD W/GRAIN 4IN	2 Each	N/A	959048
CHEESE MOZZ SHRD	1/2 Cup		645170
SAUCE MARINARA DIPN CUP	1 Each		677721

Preparation Instructions

Package together in Container.

Counts as a reimbursable meal by itself.

Students must also be able to take all other menued vegetables, fruits and milk, if desired.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.500
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	380.00
Fat	17.00g
Saturated Fat	7.00g
Trans Fat	0.00g
Cholesterol	30.00mg
Sodium	830.00mg
Carbohydrates	35.00g
Fiber	2.00g
Total Sugar	8.00g
Added Sugar	3.00g
Protein	21.00g
Vitamin A 0.20mcg	Vitamin C 0.06mg
Calcium 451.18mg	Iron 1.36mg

Nutrition - Per 100g

No 100g Conversion Available