

Peas

Servings:	144.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-9693
School:	New Paris Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
PEAS GREEN IQF	30 Pound		285660
MARGARINE SLD	3 Pound		733061
SALT IODIZED	1/4 Cup		108286
SPICE PEPR BLK REG FINE GRIND	2 Teaspoon		225037

Preparation Instructions

Place 3# of margarine in a large sauce pot and place in the warmer.

Place 2-4inch pans on the counter.

Divide the 30# box of peas between the two pans.

Place in Steamer for 25 minutes and then check the temperature. Should be 150° or above. Drain each pan once out of the steamer.

Divide melted butter between the 2 pans and add salt and pepper.

Store in warmer covered until served.

Updated 8.17.23

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.500

Nutrition Facts

Servings Per Recipe: 144.00

Serving Size: 0.50 Cup

Amount Per Serving	
Calories	111.44
Fat	7.33g
Saturated Fat	3.00g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	270.03mg
Carbohydrates	8.96g
Fiber	2.99g
Total Sugar	2.99g
Added Sugar	0.00g
Protein	2.99g
Vitamin A 500.00mcg	Vitamin C 0.00mg
Calcium 0.00mg	Iron 0.82mg

Nutrition - Per 100g

No 100g Conversion Available