

# Chicken Bacon Salad

<b>Servings:</b>	1.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00 Each	<b>HACCP Process:</b>	No Cook
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-53839
<b>School:</b>	Benton Elementary		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
LETTUCE ROMAINE RIBBONS	2 Cup		451730
CHIX PULLED WHT DRK BLND	2 3/10 Ounce	Weight	467802
BACON TOPPING CKD 1/2IN DCD	1 Tablespoon		814781
Cheese, Cheddar, Yellow, Reduced Fat, Shredded	2 Tablespoon	USDA Brown Box Commodity	100012
BREADSTICK TWSTD TOPPED WGRAIN 108-2Z	1 Each	N/A	313887
CROUTON CHS GARL WGRAIN	1 Package	N/A	661022
DRESSING RNCH PKT	1 Each	N/A	195774

## Preparation Instructions

Get out a 6 x 8 salad container and put 2 cups of lettuce on the green side. Then put the chicken, bacon and cheese on top of the lettuce. Arrange the Kens dressing (In the packet), croutons and garlic bread stick in the container and close the lid.

Updated 2.11.2026

## Meal Components

Amount Per Serving

<b>Meat/Meat Alternate</b>	2.000
<b>Grain</b>	2.500
<b>Fruit</b>	0.000
<b>DarkGreen</b>	1.000
<b>Red/Orange</b>	0.000
<b>OtherVeg</b>	0.000
<b>Beans, Peas, and Lentils</b>	0.000
<b>Starchy</b>	0.000

## Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
<b>Calories</b>	572.00
<b>Fat</b>	33.33g
<b>Saturated Fat</b>	7.65g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	79.83mg
<b>Sodium</b>	907.00mg
<b>Carbohydrates</b>	42.27g
<b>Fiber</b>	2.00g
<b>Total Sugar</b>	5.00g
<b>Added Sugar</b>	3.00g
<b>Protein</b>	27.77g
<b>Vitamin A</b> 0.00mcg	<b>Vitamin C</b> 0.00mg
<b>Calcium</b> 60.83mg	<b>Iron</b> 2.77mg

## Nutrition - Per 100g

No 100g Conversion Available