

# Hot Ham & Cheese Sandwich

<b>Servings:</b>	48.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00 Each	<b>HACCP Process:</b>	Complex Food Prep
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-9742
<b>School:</b>	New Paris Elementary School		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
Ham, 97% Fat Free, Cooked , Water Added, Sliced	84 Ounce	Thaw Weight	100187
CHEESE, AMERICAN BLENDED, YELLOW, SKIM, SLICED	48 Slice	Use Brown Box Commodity Cheese first when available or Use GFS#499786	100036
BUN HAMB WGRAIN 3.5 10-12CT GCHC	48 Each		266545

## Preparation Instructions

Thaw ham 2 days before serving. Place packs of frozen ham in 2" sandwich pans and refrigerate to thaw.

Commodity Ham - 2 to 5 slices need to weigh making sure it weighs 1.75ounces

GFS#556121 Turkey Ham (Jenno) - 2.1875 ounce = 5 slices per sandwich

Separate slices per sandwich place staggered in 2" cake pans. 50 per pan.

Uncovered in a steamer for 10 minutes. Check temp. need to be a minimum of 145°. Cover and place it warmer. Until time to make sandwiches.

When it is time to make sandwiches, drain juice from the pan. Place ham and one slice of cheese on a hamburger bun. Arrange 4 X 6 in a 2" sandwich pan lined with parchment paper.

Total of 48 sandwiches per pan.

Cover with foil and place in the warmer.

Updated 8.15.24

## Meal Components

Amount Per Serving

<b>Meat/Meat Alternate</b>	1.750
<b>Grain</b>	1.500
<b>Fruit</b>	0.000
<b>DarkGreen</b>	0.000
<b>Red/Orange</b>	0.000
<b>OtherVeg</b>	0.000
<b>Beans, Peas, and Lentils</b>	0.000
<b>Starchy</b>	0.000

## Nutrition Facts

Servings Per Recipe: 48.00

Serving Size: 1.00 Each

Amount Per Serving	
<b>Calories</b>	203.07
<b>Fat</b>	6.87g
<b>Saturated Fat</b>	2.93g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	33.32mg
<b>Sodium</b>	652.79mg
<b>Carbohydrates</b>	22.87g
<b>Fiber</b>	2.00g
<b>Total Sugar</b>	4.93g
<b>Added Sugar</b>	0.00g
<b>Protein</b>	14.17g
<b>Vitamin A</b> 0.00mcg	<b>Vitamin C</b> 0.00mg
<b>Calcium</b> 25.00mg	<b>Iron</b> 1.00mg

## Nutrition - Per 100g

No 100g Conversion Available