

Baked Beans

Servings:	72.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-9692
School:	New Paris Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEAN BKD KTTL BRN SUGAR	2 2/3 #10 CAN		822477
SAUCE BBQ	2 Cup	N/A	734136
KETCHUP CAN NAT LO SOD	2 Cup	N/A	200621
SUGAR BROWN LT	1/2 Cup		860311
MUSTARD PKT	1/4 Cup		109908

Preparation Instructions

Mix all ingredients in a large mixing bowl. Pour into a 4 inch deep pan that has been sprayed with cooking spray. Place lid on pan and put pan in oven that has been pre-heated to 350°. Bake for 45 minutes or until minimum temperature of 150°.

Note: Will want to do recipes 3 times for 3-4 inch pans of beans for service.

Updated 8.18.23

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.480
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 72.00

Serving Size: 0.50 Cup

Amount Per Serving	
Calories	145.01
Fat	0.50g
Saturated Fat	0.00g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	427.01mg
Carbohydrates	30.02g
Fiber	4.86g
Total Sugar	9.06g
Added Sugar	7.88g
Protein	6.78g
Vitamin A 0.00mcg	Vitamin C 0.00mg
Calcium 49.88mg	Iron 1.92mg

Nutrition - Per 100g

No 100g Conversion Available