

# Tator Tots

NO IMAGE

<b>Servings:</b>	166.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	9.00 Each	<b>HACCP Process:</b>	No Cook
<b>Meal Type:</b>	Breakfast	<b>Recipe ID:</b>	R-44494

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
POTATO TATER TOTS	30 Pound	Basic Preparation CONVECTION OVEN: BAKE AT 425°F FOR 8-12 MINUTES. SPREAD PRODUCT EVENLY ON A SHALLOW BAKING PAN. TURN ONCE FOR UNIFORM COOKING.	141510

## Preparation Instructions

1 bag yields 27 portions

## Meal Components

Amount Per Serving

<b>Meat/Meat Alternate</b>	0.000
<b>Grain</b>	0.000
<b>Fruit</b>	0.000
<b>DarkGreen</b>	0.000
<b>Red/Orange</b>	0.000
<b>OtherVeg</b>	0.000
<b>Beans, Peas, and Lentils</b>	0.000
<b>Starchy</b>	0.500

## Nutrition Facts

Servings Per Recipe: 166.00

Serving Size: 9.00 Each

Amount Per Serving	
<b>Calories</b>	124.25
<b>Fat</b>	6.78g
<b>Saturated Fat</b>	1.13g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	0.00mg
<b>Sodium</b>	350.15mg
<b>Carbohydrates</b>	15.81g
<b>Fiber</b>	1.13g
<b>Total Sugar</b>	0.78g
<b>Added Sugar</b>	0.07g
<b>Protein</b>	1.13g
<b>Vitamin A</b> 0.00mcg	<b>Vitamin C</b> 0.00mg
<b>Calcium</b> 11.30mg	<b>Iron</b> 0.23mg

## Nutrition - Per 100g

No 100g Conversion Available