

Ranch Mashed Potato

NO IMAGE

Servings:	237.00	Category:	Vegetable
Serving Size:	3.69 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44210
School:	Walton-Verona Elementary		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
POTATO PRLS GLDN X-RICH	3 Carton	RECONSTITUTE 1: Pour 2 gallons boiling water (212°F) in mixing bowl. 2: HAND MIX: Add all potatoes while stirring. Let stand for 1 minute, stir well and serve. [Alternate] MACHINE MIX: Using whip attachment, mix on low and slowly add all potatoes. Whip on high until fluffy for 2 minutes, hold until ready to serve.	559911
Hidden Valley Ranch dressing mix	8 Ounce		000004
BUTTER SUB	2 Package		209810
BASE CHIX LO SOD NO MSG	4 Tablespoon	UNPREPARED To make an instant fully seasoned stock broth, add Base to water and stir: 3 4 tsp + 1 cup water or 1 Tbsp base + 1 quart water or 1 1 2 cups base + 6 gallons water	580589
SEASONING SIX PEPR BLEND	4 Tablespoon		229580
Water	8 Quart	READY_TO_DRINK	Water

Preparation Instructions

Boil Water - whip in the mashed potato mix and then season.

Hot Serve 135F or higher

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.533

Nutrition Facts

Servings Per Recipe: 237.00

Serving Size: 3.69 Ounce

Amount Per Serving			
Calories	80.49		
Fat	0.00g		
Saturated Fat	0.00g		
Trans Fat	0.00g		
Cholesterol	0.00mg		
Sodium	445.64mg		
Carbohydrates	17.74g		
Fiber	0.85g		
Total Sugar	0.00g		
Added Sugar	0.00g**		
Protein	1.60g		
Vitamin A	0.00mcg	Vitamin C	0.00mg
Calcium	9.06mg	Iron	0.25mg

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

Calories	76.94		
Fat	0.00g		
Saturated Fat	0.00g		
Trans Fat	0.00g		
Cholesterol	0.00mg		
Sodium	426.00mg		
Carbohydrates	16.95g		
Fiber	0.82g		
Total Sugar	0.00g		
Added Sugar	0.00g**		
Protein	1.53g		
Vitamin A	0.00mcg	Vitamin C	0.00mg
Calcium	8.66mg	Iron	0.23mg

**One or more nutritional components are missing from at least one item on this recipe.