

Cucumber and Baby Tomato PK

NO IMAGE

Servings:	1.00	Category:	Vegetable
Serving Size:	0.25 Cup	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-45368
School:	Walton-Verona Early Childhood Center		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Cucumber	3 Slice	Wash and Slice Cucumber	16P98
TOMATO GRAPE	2 Each	Wash baby tomato	749041

Preparation Instructions

Assemble on compartment tray- Cold service

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.333
OtherVeg	0.250
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 0.25 Cup

Amount Per Serving	
Calories	0.20
Fat	0.01g
Saturated Fat	0.00g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	0.17mg
Carbohydrates	0.04g
Fiber	0.01g
Total Sugar	0.01g
Added Sugar	0.00g
Protein	0.01g
Vitamin A 0.00mcg**	Vitamin C 0.00mg**
Calcium 0.07mg	Iron 0.00mg

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

No 100g Conversion Available