

Rigatoni Bake

NO IMAGE

Servings:	50.00	Category:	Entree
Serving Size:	8.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-46346
School:	Walton-Verona Early Childhood Center		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Beef, Fine Ground 85/15, Frozen	6 1/4 Pound	Brown beef in skillet	100158
SAUCE SPAGHETTI FCY	2 #10 CAN	HEAT_AND_SERVE Heat & Serve MIX Heat & Serve READY_TO_DRINK Heat & Serve READY_TO_EAT Heat & Serve UNPREPARED Heat & Serve UNSPECIFIED Heat & Serve	852759
Mozzerella Cheese	1 Pound	READY_TO_EAT	105077
Cheese, Cheddar, Reduced Fat	1 Pound	READY_TO_EAT	100012
ONION YELLOW MED/LRG	2 Cup	Dice	267929
PASTA PENNE RIGATE	80 Ounce		635501

Preparation Instructions

Step 1: Preheat oven: Convection 325; Conduction 350

Step 2: Cook pasta according to package directions minus 3 minutes: DO NOT OVERCOOK! Pasta is to be baked so it will finish cooking in the oven. Rinse cooked pasta

Step 3: Brown Ground beef in a large pan and drain: CCP: 165F

Step 4: place ground beef back into the pan it was cooked in add peppers and onions and cook until veggies are soft. Add spaghetti sauce and water, Stirring occasionally on medium heat. CCP 160F

Step 5: Stir in cooked pasta and mix gently until combined. Add Parmesan cheese and mix until blended.

Step 6: Divide mixture into 4 2 in-full hotel pans that have been sprayed with pan release

Step 7: Sprinkle each pan with 1/2 lb of shredded Mozzarella evenly over the top

Step 8: Bake approx. 30 minutes or until cheese is melted and internal temp reaches 165F

Meal Components

Amount Per Serving

Meat/Meat Alternate	1.813
Grain	1.067
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.884
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 50.00

Serving Size: 8.00 Ounce

Amount Per Serving	
Calories	685.65
Fat	18.93g
Saturated Fat	4.27g
Trans Fat	1.49g
Cholesterol	45.21mg
Sodium	4027.18mg
Carbohydrates	108.52g
Fiber	9.71g
Total Sugar	52.29g
Added Sugar	50.90g
Protein	25.00g
Vitamin A 0.18mcg	Vitamin C 0.67mg
Calcium 214.18mg	Iron 9.46mg

Nutrition - Per 100g

Calories	302.32
Fat	8.35g
Saturated Fat	1.88g
Trans Fat	0.66g
Cholesterol	19.93mg
Sodium	1775.68mg
Carbohydrates	47.85g
Fiber	4.28g
Total Sugar	23.06g
Added Sugar	22.44g
Protein	11.02g
Vitamin A 0.08mcg	Vitamin C 0.30mg
Calcium 94.44mg	Iron 4.17mg