

HPS - Meatballs



Servings:	1.00	Category:	Entree
Serving Size:	4.00 Meatballs	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-46395
School:	Walton-Verona High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
MEATBALL CKD .65Z	4 Each		785860

Preparation Instructions

No Preparation Instructions available.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 4.00 Meatballs

Amount Per Serving	
Calories	154.00
Fat	9.00g
Saturated Fat	3.50g
Trans Fat	0.60g
Cholesterol	36.00mg
Sodium	236.00mg
Carbohydrates	6.00g
Fiber	1.00g
Total Sugar	2.00g
Added Sugar	1.00g
Protein	12.00g
Vitamin A 0.00mcg	Vitamin C 0.00mg
Calcium 59.00mg	Iron 1.00mg

Nutrition - Per 100g

No 100g Conversion Available