

fiesta sour cream

NO IMAGE

Servings:	1.00	Category:	Condiments or Other
Serving Size:	1.00 Tablespoon	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-46519
School:	Walton-Verona Elementary		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
SOUR CREAM	1 Tablespoon	READY_TO_EAT Served as a topping on a hot or cold meal	285218

Preparation Instructions

No Preparation Instructions available.

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Tablespoon

Amount Per Serving			
Calories	30.00		
Fat	2.50g		
Saturated Fat	1.75g		
Trans Fat	0.00g		
Cholesterol	10.00mg		
Sodium	25.00mg		
Carbohydrates	1.00g		
Fiber	0.00g		
Total Sugar	1.00g		
Added Sugar	0.00g		
Protein	0.50g		
Vitamin A	0.00mcg	Vitamin C	0.00mg
Calcium	25.00mg	Iron	0.00mg

Nutrition - Per 100g

No 100g Conversion Available