

# Charcuterie Box

NO IMAGE

<b>Servings:</b>	1.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00 Serving	<b>HACCP Process:</b>	No Cook
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-46696
<b>School:</b>	Walton-Verona High School		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
PRETZEL HEARTZELS	1 Package	READY_TO_EAT Ready to Eat	893711
Flatbreads, Whole Grain, Frozen,	1 Each	THAW	959048
CHEESE STRING MOZZ	1 Each		579050
HUMMUS CLSC GRAB N GO	1 Each	READY_TO_EAT Keep refrigerated, Great with vegetables, pita chips, crackers or bread	139603
CARROT BABY WHL CLEANED	1/2 Cup		510637
PICKLE GHERKIN SWT	2 Each		485543

## Preparation Instructions

No Preparation Instructions available.

## Meal Components

Amount Per Serving

<b>Meat/Meat Alternate</b>	2.000
<b>Grain</b>	2.000
<b>Fruit</b>	0.000
<b>DarkGreen</b>	0.000
<b>Red/Orange</b>	0.500
<b>OtherVeg</b>	0.000
<b>Beans, Peas, and Lentils</b>	0.000
<b>Starchy</b>	0.000

## Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
<b>Calories</b>	456.15
<b>Fat</b>	19.75g
<b>Saturated Fat</b>	5.25g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	15.00mg
<b>Sodium</b>	1085.77mg
<b>Carbohydrates</b>	55.81g
<b>Fiber</b>	8.00g
<b>Total Sugar</b>	17.31g
<b>Added Sugar</b>	0.50g
<b>Protein</b>	15.50g
<b>Vitamin A</b> 9695.00mcg	<b>Vitamin C</b> 2.00mg
<b>Calcium</b> 277.55mg	<b>Iron</b> 3.14mg

## Nutrition - Per 100g

No 100g Conversion Available