

Uncle Bens Stuffing

NO IMAGE

Servings:	1.00	Category:	Grain
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-47164
School:	Walton-Verona Elementary		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Rice, brown, parboiled, cooked, UNCLE BENS	1/4 Cup		20651

Preparation Instructions

No Preparation Instructions available.

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	56.96
Fat	0.33g
Saturated Fat	0.08g
Trans Fat	0.00g
Cholesterol	0.00mg**
Sodium	1.55mg
Carbohydrates	12.14g
Fiber	0.66g
Total Sugar	0.06g
Added Sugar	0.00g
Protein	1.20g
Vitamin A 0.00mcg**	Vitamin C 0.00mg**
Calcium 1.16mg	Iron 0.21mg

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

No 100g Conversion Available