

# Garlic Parmesan Roasted Red Potatoes-

NO IMAGE

<b>Servings:</b>	492.00	<b>Category:</b>	Vegetable
<b>Serving Size:</b>	0.50 Cup	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-47165
<b>School:</b>	Walton-Verona Elementary		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
POTATO RED INBIN SZ	100 Pound		200476
OIL BLND CNOLA/XVRGN 90/10	9 3/4 Cup		732900
SPICE PEPR BLK 30 MESH REG GRIND	5 Tablespoon		225045
SALT IODIZED	3/4 Cup		108286
SPICE PARSLEY FLAKES	1 1/2 Cup		513989
CHEESE BLND PARM GRTD	1 Gallon		186891

## Preparation Instructions

Wash potatoes and cut into quarter size pieces, place into 4 separate 6 inch steam table pans

In a separate bowl combine the oil, pepper, salt and parsley, pour evenly over the potatoes and toss to coat.

Add the cheese evenly between the pans and toss to coat.

Place on lined baking sheet and flatten out so they are not heaping.

Cook potatoes in preheated convection oven at 400F for about 20-25 minutes or until roasted and not mushy just fork tender

Measure into serving bowls using a 4ounce spoodle and serve

Can be held in warmer at 135F or higher for a short amount of time.

Can place on pan and batch cook as needed for meal services.

## Meal Components

Amount Per Serving

<b>Meat/Meat Alternate</b>	0.000
<b>Grain</b>	0.000
<b>Fruit</b>	0.000
<b>DarkGreen</b>	0.000
<b>Red/Orange</b>	0.000
<b>OtherVeg</b>	0.000
<b>Beans, Peas, and Lentils</b>	0.000
<b>Starchy</b>	0.500

## Nutrition Facts

Servings Per Recipe: 492.00

Serving Size: 0.50 Cup

Amount Per Serving	
<b>Calories</b>	109.06
<b>Fat</b>	4.55g
<b>Saturated Fat</b>	0.32g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	0.00mg
<b>Sodium</b>	178.28mg
<b>Carbohydrates</b>	16.26g
<b>Fiber</b>	2.06g
<b>Total Sugar</b>	1.08g
<b>Added Sugar</b>	0.00g
<b>Protein</b>	1.84g
<b>Vitamin A</b> 1.84mcg	<b>Vitamin C</b> 18.16mg
<b>Calcium</b> 11.07mg	<b>Iron</b> 0.72mg

## Nutrition - Per 100g

No 100g Conversion Available