

Alfredo with Garlic Toast

NO IMAGE

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-48632
School:	Walton-Verona High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Spaghetti Noodles	1 Serving		R-46358
SAUCE ALFREDO FZ	3 3/4 Ounce	BOIL KEEP FROZENPlace sealed bag in a steamer or in boiling water.Heat Approximately 45 minutes or until product reaches serving temperature. CAUTION: Open bag carefully to avoid being burned.	155661
garlic toast	1 Serving	Spray sheet pan with butter spray Place Texas toast on a sheet pan spread liquid garlic butter on the top of the bread- 1/2 tablespoon per slice Toast in a convection oven until lightly brown- approximately 5-7minutes Place in heat and hold until ready to serve Cook to the line during service	R-44446

Preparation Instructions

Put sauce and water into pot or steamer and simmer for 1 hour 135F or above

Heat water for pasta to a rolling boil. Slowly add pasta and cook for 10-12 minutes until pasta is tender. Stir occasionally. Do not overcook. Drain and divide equally in pan- spray pan with pan release spray. •

Hold hot foods at 135 °F or above

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	3.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	574.00
Fat	27.20g
Saturated Fat	8.90g
Trans Fat	0.06g
Cholesterol	36.00mg
Sodium	925.40mg
Carbohydrates	63.00g
Fiber	3.00g
Total Sugar	9.00g
Added Sugar	1.00g
Protein	21.40g
Vitamin A 0.00mcg	Vitamin C 0.00mg
Calcium 414.00mg	Iron 2.80mg

Nutrition - Per 100g

No 100g Conversion Available