

Churro with Cinnamon Sugar



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-49967

Ingredients

Description	Measurement	Prep Instructions	DistPart #
DONUT CHURRO W/CINN SGR	1 Each		473523

Preparation Instructions

Thaw at room temperature for 30 minutes. Commercial convection oven: 350 degrees F for 3-5 minutes. Rack Oven: 350 degrees F for 8-11 minutes. Conventional Oven" 350 degrees F for 5-8 minutes. Bake time dependent on desired level of crispness finish. Cool slightly for 5 minutes. While still warm, toss in cinnamon sugar to fully coat.

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	275.70
Fat	15.90g
Saturated Fat	7.40g
Trans Fat	0.16g
Cholesterol	5.00mg
Sodium	375.20mg
Carbohydrates	31.00g
Fiber	0.50g
Total Sugar	13.00g
Added Sugar	12.00g
Protein	1.90g
Vitamin A 0.00mcg	Vitamin C 0.00mg
Calcium 43.20mg	Iron 0.50mg

Nutrition - Per 100g

No 100g Conversion Available