

Pirate Treasure Lunch Box

NO IMAGE

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-50187
School:	Walton-Verona Elementary		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Bongards Cheddar Cheese Stick - 168/1 oz	1 Each		122023
PRETZEL TWIST TINY	1 Package	READY_TO_EAT Use Code date on bag to rotate product so that the oldest product is consumed first. Place in box lunch or on tray unopened	158771
CRACKER GLDFSH CHS	1 Each	READY_TO_EAT Ready to Enjoy	110431

Preparation Instructions

No Preparation Instructions available.

Meal Components

Amount Per Serving

Meat/Meat Alternate	1.000
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	163.93
Fat	4.32g
Saturated Fat	0.71g
Trans Fat	0.00g
Cholesterol	6.07mg
Sodium	416.43mg
Carbohydrates	25.00g
Fiber	1.00g
Total Sugar	1.00g
Added Sugar	0.00g
Protein	3.25g
Vitamin A 0.00mcg**	Vitamin C 0.00mg**
Calcium 37.29mg	Iron 1.27mg

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

No 100g Conversion Available