

Grab&Go Muffin and Cheese Box

NO IMAGE

Servings:	2.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-50590

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHEESE STRING MOZZ LT IW	2 Each		566413
MUFFIN BLUEB WGRAIN IW	1 Each		557970
MUFFIN DBL CHOC WGRAIN IW	1 Each	READY_TO_EAT Thaw and serve.	262343

Preparation Instructions

No Preparation Instructions available.

Meal Components

Amount Per Serving

Meat/Meat Alternate	1.000
Grain	1.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 2.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	150.00**
Fat	6.00g**
Saturated Fat	2.75g**
Trans Fat	0.00g**
Cholesterol	15.00mg**
Sodium	252.50mg**
Carbohydrates	13.50g**
Fiber	1.00g**
Total Sugar	7.00g**
Added Sugar	7.00g**
Protein	8.50g**
Vitamin A 7.21mcg**	Vitamin C 0.03mg**
Calcium 206.38mg**	Iron 0.67mg**

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

No 100g Conversion Available