

Coleslaw



Servings:	24.00	Category:	Vegetable
Serving Size:	4.00 Ounce	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-52000
School:	Walton-Verona High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
COLE SLAW SHRED SEP BAG 1/8IN	80 Ounce		198226
DRESSING COLESLAW THE ORIG	3 Cup		146612

Preparation Instructions

Blend coleslaw and Coleslaw dressing and dip in 4 oz souffle

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	3.333
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 24.00

Serving Size: 4.00 Ounce

Amount Per Serving	
Calories	56.05
Fat	0.00g**
Saturated Fat	0.01g
Trans Fat	0.00g
Cholesterol	0.06mg
Sodium	45.85mg
Carbohydrates	11.15g
Fiber	4.44g
Total Sugar	6.70g
Added Sugar	0.03g
Protein	2.22g
Vitamin A 0.00mcg**	Vitamin C 0.00mg**
Calcium 77.78mg	Iron 0.00mg

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

Calories	49.43
Fat	0.00g**
Saturated Fat	0.01g
Trans Fat	0.00g
Cholesterol	0.05mg
Sodium	40.43mg
Carbohydrates	9.83g
Fiber	3.92g
Total Sugar	5.91g
Added Sugar	0.03g
Protein	1.96g
Vitamin A 0.00mcg**	Vitamin C 0.00mg**
Calcium 68.59mg	Iron 0.00mg

**One or more nutritional components are missing from at least one item on this recipe.