

BBQ on a Bun

NO IMAGE

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-52001
School:	Walton-Verona High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
PORK PULLED BBQ	1/2 Cup	2. THAW UNDER REFRIGERATION. ,3. DO NOT REFREEZE. ,4. COOK AND SERVE. Cook to 165F	483552
4" Whole Grain Rich Hamburger Buns	1 Each	READY_TO_EAT	3475

Preparation Instructions

place bbq on bun for service- put coleslaw on side

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	280.00
Fat	15.00g
Saturated Fat	5.00g
Trans Fat	0.00g
Cholesterol	80.00mg
Sodium	1075.00mg
Carbohydrates	34.50g
Fiber	2.00g
Total Sugar	20.50g
Added Sugar	17.00g
Protein	25.50g
Vitamin A 0.00mcg	Vitamin C 0.00mg
Calcium 23.00mg	Iron 5.40mg

Nutrition - Per 100g

No 100g Conversion Available