

Pancake Sundaes



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-52398
School:	Walton-Verona High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
PANCAKE BTRMLK WGRAIN	2 Each	<p>READY_TO_EAT</p> <p>The day before serving: Remove product in full cases from the freezer and thaw for 2 hours at room temperature. After thawing, put in the refrigerator cooler until needed. DO NOT RE-FREEZE! Re-freezing will cause product to stick together. The day of serving: Remove product from refrigerator or cooler. Remove from packaging. Heat in a warmer or convection oven at 175 degrees for 5 minutes.</p> <p>For food safety and quality, product is fully cooked when it reaches an internal temperature of 165F.</p>	156101
TOPPING WHIP I/BG	1 Tablespoon	<p>READY_TO_EAT</p> <p>1. OPEN BAG ON DOTTED LINE 2. PUSH THROUGH PERFORATION TO POSITION TIP 3. TWIST TOP OF BAG 4. SQUEEZE & TWIST TOP OF BAG TO DISPENSE STORAGE: ARRIVES FROZEN. THAW IN REFRIGERATOR OVERNIGHT AS NEEDED. NEVER REFREEZE. SHELF LIFE: 2 WEEKS REFRIGERATED Do not knead frozen or thawed bag. 35°F KEEP REFRIGERATED THAW</p> <p>1. Open Bag On Dotted Line 2. Push Through Perforation To Position Tip 3. Twist Top Of Bag 4. Squeeze & Twist Top Of Bag To Dispense Storage: Arrives Frozen. Thawing Instructions: Single Bag, Thaw In Refrigerator Overnight Or For At Least 6 Hours. Full Case, Thaw In Refrigerator 2-3 Days. Shelf Life: 2 Weeks Refrigerated Do Not Massage Frozen Or Partially Thawed Bag Perishable. Keep Refrigerated.</p>	330442
SPRINKLES RAINBOW DECOR	1 Teaspoon		421620
CHOC CHIPS SMISWT 1000/	1 Tablespoon		874523

Preparation Instructions

Basic Preparation

THE DAY OF SERVING: REMOVE PRODUCT FROM REFRIGERATOR OR COOLER. HEAT IN A WARMER OR CONVECTION OVEN AT 175 DEGREES FOR 5 MINUTES.

Top with sprinkles and chocolate chips and whip topping- serve in boat

Meal Components

Amount Per Serving

Amount Per Serving	
Meat/Meat Alternate	0.000
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	263.05
Fat	8.95g
Saturated Fat	3.95g
Trans Fat	0.01g
Cholesterol	10.00mg
Sodium	180.85mg
Carbohydrates	44.00g
Fiber	3.00g
Total Sugar	21.00g
Added Sugar	15.00g
Protein	5.05g
Vitamin A 0.00mcg	Vitamin C 0.00mg
Calcium 79.32mg	Iron 1.84mg

Nutrition - Per 100g

No 100g Conversion Available