

Tortilla 10 inch



| | | | |
|----------------------|-----------|-----------------------|---------|
| Servings: | 1.00 | Category: | Grain |
| Serving Size: | 1.00 Each | HACCP Process: | No Cook |
| Meal Type: | Lunch | Recipe ID: | R-52605 |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|--------------------------------|-------------|-------------------|------------|
| TORTILLA FLOUR 10 12-12CT GRSZ | 1 Each | READY_TO_EAT | 713340 |

Preparation Instructions

No Preparation Instructions available.

Meal Components

Amount Per Serving

| | |
|---------------------------------|-------|
| Meat/Meat Alternate | 0.000 |
| Grain | 2.250 |
| Fruit | 0.000 |
| DarkGreen | 0.000 |
| Red/Orange | 0.000 |
| OtherVeg | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starchy | 0.000 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

| Amount Per Serving | | | |
|----------------------|----------|------------------|--------|
| Calories | 200.00 | | |
| Fat | 5.00g | | |
| Saturated Fat | 2.50g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 380.00mg | | |
| Carbohydrates | 33.00g | | |
| Fiber | 1.00g | | |
| Total Sugar | 2.00g | | |
| Added Sugar | 1.00g | | |
| Protein | 5.00g | | |
| Vitamin A | 0.00mcg | Vitamin C | 0.00mg |
| Calcium | 60.00mg | Iron | 2.10mg |

Nutrition - Per 100g

No 100g Conversion Available
