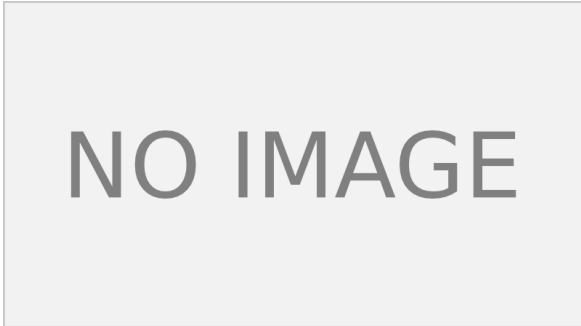


Crispitos-Chicken



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-53088

Ingredients

Description	Measurement	Prep Instructions	DistPart #
TORTILLA FLOUR 8IN	1 Each		713330
CHIX DCD 1/2IN WHT SEAS CKD	2 Ounce	Season with Fajita seasoning	907669
Shredded Cheddar Cheese	1 Ounce		100003
SEASONING FAJITA MIX	1/4 Teaspoon		518298

Preparation Instructions

1. Put chicken, cheese in wrap and roll up- lightly butter the top to add crisp to shell
2. Put seasoned chicken and cheese on wrap and roll.
3. Bake in a convection oven at 375F for 8 minutes. Till have a nice golden color. Heat to internal temp of 165°F

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	305.83
Fat	13.67g
Saturated Fat	8.17g
Trans Fat	0.00g
Cholesterol	80.00mg
Sodium	755.83mg
Carbohydrates	22.42g
Fiber	1.67g
Total Sugar	1.00g
Added Sugar	1.00g
Protein	22.33g
Vitamin A 0.00mcg	Vitamin C 0.00mg
Calcium 45.33mg	Iron 1.33mg

Nutrition - Per 100g

No 100g Conversion Available