

Baked Beans



Servings:	1.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44268

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEAN BAKED VEGTAR R/SOD	1/2 Cup		567091

Preparation Instructions

CCP Hot hold 135F or above

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.500
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 0.50 Cup

Amount Per Serving			
Calories	11.96		
Fat	0.00g		
Saturated Fat	0.00g		
Trans Fat	0.00g		
Cholesterol	0.00mg		
Sodium	31.52mg		
Carbohydrates	2.50g		
Fiber	0.43g		
Total Sugar	0.98g		
Added Sugar	0.87g		
Protein	0.54g		
Vitamin A	0.00mcg	Vitamin C	0.00mg
Calcium	4.37mg	Iron	0.21mg

Nutrition - Per 100g

No 100g Conversion Available
