

Asian Brown Rice



Servings:	52.00	Category:	Grain
Serving Size:	3.00 Fluid Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44178

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Tap Water for Recipes	6 Cup	UNPREPARED	000001WTR
RICE BRN ASIAN 6-26.4Z UBEN	26 1/2 Ounce		244541
BUTTER PRINT SLTD GRD AA	2 Ounce		191205

Preparation Instructions

Combine 6 cups of hot water with 1 seasoning packet in deep pan that has been sprayed well. Stir well.
Add 1 box and 2 oz of butter. Stir well.
Cover pan and steam for 20 minutes or until most of the water is absorbed.
Cover tightly with wrap
Keep in warmer until ready to serve.

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	0.750
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 52.00

Serving Size: 3.00 Fluid Ounce

Amount Per Serving			
Calories	21.18		
Fat	0.99g		
Saturated Fat	0.58g		
Trans Fat	0.00g		
Cholesterol	2.35mg		
Sodium	35.62mg		
Carbohydrates	2.67g		
Fiber	0.13g		
Total Sugar	0.19g		
Added Sugar	0.00g		
Protein	0.32g		
Vitamin A	0.00mcg	Vitamin C	0.00mg
Calcium	1.27mg	Iron	0.05mg

Nutrition - Per 100g

No 100g Conversion Available