

Quesidilla

NO IMAGE

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44278

Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAUCE MARINARA DIPN CUP	1 Each		677721
QUESADILLA PIZZA CHS WGRAIN	1 Each		231771

Preparation Instructions

No Preparation Instructions available.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.630
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	340.00
Fat	11.00g
Saturated Fat	3.00g
Trans Fat	0.00g
Cholesterol	10.00mg
Sodium	840.00mg
Carbohydrates	46.00g
Fiber	4.00g
Total Sugar	7.00g
Added Sugar	1.00g
Protein	17.00g
Vitamin A 0.00mcg	Vitamin C 0.00mg
Calcium 339.00mg	Iron 2.90mg

Nutrition - Per 100g

No 100g Conversion Available
