

Grab&Go- Pasta Salad

NO IMAGE

Servings:	34.00	Category:	Entree
Serving Size:	8.00 Ounce	HACCP Process:	Complex Food Prep
Meal Type:	Lunch	Recipe ID:	R-44449

Ingredients

Description	Measurement	Prep Instructions	DistPart #
PASTA ROTINI RAINBOW TRI-COLOR	68 Ounce		413340
CHERRY TOMATOES	5 Cup		16P46
Cucumber	5 Cup	BAKE	16P98
Pepper Red	5 Cup	Rinse pepper. Cut in half and remove seeds. Cut into strips.	2176
ONION RED 25#	2 Cup		788882
Cheese, Cheddar Reduced fat, Shredded	34 Ounce		100012
CHICKEN, DICED, COOKED, FROZEN	34 Ounce	BAKE	
DRESSING ITAL GLDN	3 Cup	READY_TO_EAT This ready-to-use dressing simplifies back-of-house prep, making it easy to customize with simple herbs and spices, like red pepper flakes or garlic. Create new flavorful salads or a flavorful new marinade for your sirloin steak.	257885
DRESSING SALAD LT	1/2 Cup	READY_TO_EAT This ready-to-use lite dressing simplifies back-of-house prep, making it easy to customize with simple herbs and spices, like onion powder or chives or smoky Chipotle seasoning. Create new flavorful salads or a custom base to your own signature sauce.	429422

Preparation Instructions

1. Wash all produce
2. Prep items according to recipe.
3. Toss all ingredients except dressing in a large bowl making sure to mix well.
4. Add dressing, and mix again.
5. Allow to sit at least 2-3 hours to soak up dressing. This is a great item to make the day before!
6. Portion according to service.

Hold at or below 41

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.147
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 34.00

Serving Size: 8.00 Ounce

Amount Per Serving	
Calories	810.37**
Fat	19.75g**
Saturated Fat	5.41g**
Trans Fat	0.00g**
Cholesterol	43.35mg**
Sodium	520.50mg**
Carbohydrates	129.52g**
Fiber	6.26g**
Total Sugar	8.59g**
Added Sugar	0.00g**
Protein	34.19g**
Vitamin A 0.00mcg**	Vitamin C 0.00mg**
Calcium 63.32mg**	Iron 5.75mg**

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

Calories	357.31**		
Fat	8.71g**		
Saturated Fat	2.39g**		
Trans Fat	0.00g**		
Cholesterol	19.12mg**		
Sodium	229.50mg**		
Carbohydrates	57.11g**		
Fiber	2.76g**		
Total Sugar	3.79g**		
Added Sugar	0.00g**		
Protein	15.08g**		
Vitamin A	0.00mcg**	Vitamin C	0.00mg**
Calcium	27.92mg**	Iron	2.54mg**

**One or more nutritional components are missing from at least one item on this recipe.