

Fries-Crinkle Cut

NO IMAGE

| | | | |
|----------------------|------------|-----------------------|------------------|
| Servings: | 120.00 | Category: | Vegetable |
| Serving Size: | 2.50 Ounce | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-44496 |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|----------------------|-------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|
| FRIES 1/2IN C/C OVEN | 30 Pound | BAKE PREHEAT OVEN TO 450° F. PLACE FROZEN FRIES IN A SINGLE LAYER ON A SHALLOW BAKING PAN. BAKE FOR 18 TO 22 MINUTES. CONVECTION PREHEAT OVEN TO 425° F. SPREAD FROZEN FRIES EVENLY ON A SHALLOW BAKING PAN. BAKE FOR 10 TO 14 MINUTES, TURNING ONCE FOR UNIFORM COOKING. | 200697 |

Preparation Instructions

1 case yields 120 servings

1 bag yields 20 portions- 2.5oz portion

Meal Components

Amount Per Serving

| | |
|---------------------------------|-------|
| Meat/Meat Alternate | 0.000 |
| Grain | 0.000 |
| Fruit | 0.000 |
| DarkGreen | 0.000 |
| Red/Orange | 0.000 |
| OtherVeg | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starchy | 0.500 |

Nutrition Facts

Servings Per Recipe: 120.00

Serving Size: 2.50 Ounce

| Amount Per Serving | |
|--------------------------|-------------------------|
| Calories | 133.33 |
| Fat | 4.00g |
| Saturated Fat | 0.00g |
| Trans Fat | 0.00g |
| Cholesterol | 0.00mg |
| Sodium | 26.67mg |
| Carbohydrates | 24.00g |
| Fiber | 1.33g |
| Total Sugar | 1.33g |
| Added Sugar | 0.00g |
| Protein | 1.33g |
| Vitamin A 0.00mcg | Vitamin C 0.00mg |
| Calcium 13.33mg | Iron 0.40mg |

Nutrition - Per 100g

| | |
|--------------------------|-------------------------|
| Calories | 188.13 |
| Fat | 5.64g |
| Saturated Fat | 0.00g |
| Trans Fat | 0.00g |
| Cholesterol | 0.00mg |
| Sodium | 37.63mg |
| Carbohydrates | 33.86g |
| Fiber | 1.88g |
| Total Sugar | 1.88g |
| Added Sugar | 0.00g |
| Protein | 1.88g |
| Vitamin A 0.00mcg | Vitamin C 0.00mg |
| Calcium 18.81mg | Iron 0.56mg |