

Fruit-Canned Assorted

NO IMAGE

Servings:	120.00	Category:	Fruit
Serving Size:	1.00 Cup	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-44306

Ingredients

Description	Measurement	Prep Instructions	DistPart #
PEACH DCD IN JCE	1 #10 CAN		610372
PEAR DCD IN JCE	1 #10 CAN		610364
FRUIT COCKTAIL DCD XL/S	1 #10 CAN		258362
ORANGES MAND WHL L/S	1 #10 CAN		117897
PINEAPPLE TIDBITS IN JCE	1 #10 CAN		189979

Preparation Instructions

Place in 3oz cup

CCP Hold cold service at 41F or lower

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	0.000
Fruit	0.500
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 120.00

Serving Size: 1.00 Cup

Amount Per Serving	
Calories	79.76
Fat	0.00g
Saturated Fat	0.00g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	2.16mg
Carbohydrates	19.18g
Fiber	1.08g
Total Sugar	13.80g
Added Sugar	3.66g
Protein	0.32g
Vitamin A 61.78mcg	Vitamin C 0.80mg
Calcium 13.98mg	Iron 0.38mg

Nutrition - Per 100g

No 100g Conversion Available