

Build Own Nachos- Taco Beef



Servings:	1.00	Category:	Entree
Serving Size:	2.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-57241

Ingredients

Description	Measurement	Prep Instructions	DistPart #
TACO FILLING BEEF REDC FAT 6-5 COMM	2 Ounce	BOIL KEEP FROZEN. Place sealed bag in a steamer or in boiling water. Heat approximately 45 minutes or until product reaches serving temperature.	722330

Preparation Instructions

Heat taco meat according to manufacturer directions. CCP: Heat to 155°F or higher for 15 seconds.
CCP: Hold at hot holding for 140°F or higher

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 2.00 Ounce

Amount Per Serving	
Calories	226.20
Fat	9.60g
Saturated Fat	3.60g
Trans Fat	0.58g
Cholesterol	68.00mg
Sodium	591.40mg
Carbohydrates	10.00g
Fiber	4.00g
Total Sugar	4.00g
Added Sugar	0.00g**
Protein	25.60g
Vitamin A 0.00mcg**	Vitamin C 0.00mg**
Calcium 0.00mg**	Iron 0.00mg**

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

Calories	398.95
Fat	16.93g
Saturated Fat	6.35g
Trans Fat	1.02g
Cholesterol	119.93mg
Sodium	1043.05mg
Carbohydrates	17.64g
Fiber	7.05g
Total Sugar	7.05g
Added Sugar	0.00g**
Protein	45.15g
Vitamin A 0.00mcg**	Vitamin C 0.00mg**
Calcium 0.00mg**	Iron 0.00mg**

**One or more nutritional components are missing from at least one item on this recipe.