

Turkey Bacon Wrap

Servings:	30.000	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-56857
School:	The Grind		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
TURKEY BRST SLCD OVN RSTD	90 Slice		344120
BACON TKY CKD	30 Slice		834770
TORTILLA FLOUR ULTRGR 9"	30 Each		523610
LETTUCE ROMAINE	30 Cup		305812
TOMATO ON THE VINE	7 1/2 Cup		225460

Preparation Instructions

- Step 1. Take 1 tortilla shell
- Step 2. Put 3 slices of turkey and 1 slice of bacon on shell
- Step 3 Top with a cup of chopped romaine and 3 slices of tomato

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.179
Grain	2.250
Fruit	0.000
DarkGreen	0.500
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 30.000

Serving Size: 1.00 Each

Amount Per Serving	
Calories	259.53
Fat	6.53g
Saturated Fat	2.88g
Trans Fat	0.00g
Cholesterol	31.25mg
Sodium	912.96mg
Carbohydrates	33.75g
Fiber	4.55g
Total Sugar	5.25g
Added Sugar	0.18g
Protein	18.19g
Vitamin A 374.85mcg	Vitamin C 6.17mg
Calcium 60.50mg	Iron 2.35mg

Nutrition - Per 100g

No 100g Conversion Available
