

Peanut Butter and Jelly Meal

Servings:	80.000	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-56850
School:	CHS - Indiana		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAND UNCRUST PB&J GRP WGRAIN	80 Each	Or #536012 Strawberry Uncrustable	527462
CRACKER GLDFSH WGRAIN COLOR	80 Package		112702
CHEESE STRING MOZZ LT IW	80 Each		566413

Preparation Instructions

Step 1. Remove the uncrustables from the freezer and let them thaw

Step. Add 1 package of goldfish cracker and a cheese stick together in a bag

Step 3 Add the uncrustable sandwich to the bag

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 80.000

Serving Size: 1.00 Each

Amount Per Serving	
Calories	460.00
Fat	22.50g
Saturated Fat	6.00g
Trans Fat	0.00g
Cholesterol	10.00mg
Sodium	640.00mg
Carbohydrates	46.00g
Fiber	5.00g
Total Sugar	15.00g
Added Sugar	12.00g
Protein	18.00g
Vitamin A 0.00mcg	Vitamin C 0.00mg
Calcium 243.00mg	Iron 1.72mg

Nutrition - Per 100g

No 100g Conversion Available
