

Meatball with Marinara

Servings:	30.00	Category:	Entree
Serving Size:	4.00 Each	HACCP Process:	Complex Food Prep
Meal Type:	Lunch	Recipe ID:	R-57562

Ingredients

Description	Measurement	Prep Instructions	DistPart #
MEATBALL CKD .65Z	5 Pound	N/A	785860
SAUCE MARINARA A/P	1 #10 CAN	N/A	592714

Preparation Instructions

For best results meatballs in cooler (<40°F Serv Safe Standard) for 24 -36hrs.

Oven Method: Meatballs and Marinara

Place contents of bag in a full-size hotel pan.

Add marinara sauce to the pan of meatballs.

Heat covered (with lid or parchment & foil) in a 350°F convection oven for approximately 25 minutes or until products reaches serving temp. 135°F (Serv Safe Standard 135°F for 15 seconds).

Once the product has reached internal temperature, place in a hot holding cabinet until service.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 30.00

Serving Size: 4.00 Each

Amount Per Serving			
Calories	196.73		
Fat	10.39g		
Saturated Fat	3.59g		
Trans Fat	0.62g		
Cholesterol	36.93mg		
Sodium	544.41mg		
Carbohydrates	12.36g		
Fiber	2.58g		
Total Sugar	5.93g		
Added Sugar	1.03g		
Protein	13.86g		
Vitamin A	0.00mcg	Vitamin C	0.00mg
Calcium	76.80mg	Iron	1.80mg

Nutrition - Per 100g

Calories	260.22		
Fat	13.75g		
Saturated Fat	4.75g		
Trans Fat	0.81g		
Cholesterol	48.85mg		
Sodium	720.11mg		
Carbohydrates	16.34g		
Fiber	3.41g		
Total Sugar	7.84g		
Added Sugar	1.36g		
Protein	18.33g		
Vitamin A	0.00mcg	Vitamin C	0.00mg
Calcium	101.59mg	Iron	2.38mg