

Tomato Soup

| | | | |
|----------------------|----------|-----------------------|------------------|
| Servings: | 14.00 | Category: | Vegetable |
| Serving Size: | 1.00 Cup | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-57528 |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|-------------|-------------|-------------------|------------|
| SOUP TOMATO | 1 #5 CAN | | 488232 |
| Tap Water | 1 #5 CAN | | |

Preparation Instructions

STOVE:

STIR SOUP IN PAN. SLOWLY STIR IN 1 CAN WATER. HEAT TO SIMMER,STIRRING OCCASIONALLY.

Meal Components

Amount Per Serving

| | |
|---------------------------------|-------|
| Meat/Meat Alternate | 0.000 |
| Grain | 0.000 |
| Fruit | 0.000 |
| DarkGreen | 0.000 |
| Red/Orange | 0.625 |
| OtherVeg | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starchy | 0.000 |

Nutrition Facts

Servings Per Recipe: 14.00

Serving Size: 1.00 Cup

| Amount Per Serving | |
|--------------------------|-------------------------|
| Calories | 91.30 |
| Fat | 1.01g |
| Saturated Fat | 0.00g |
| Trans Fat | 0.00g |
| Cholesterol | 0.00mg |
| Sodium | 395.64mg |
| Carbohydrates | 18.26g |
| Fiber | 1.01g |
| Total Sugar | 10.14g |
| Added Sugar | 0.00g |
| Protein | 2.03g |
| Vitamin A 0.00mcg | Vitamin C 0.00mg |
| Calcium 10.14mg | Iron 0.41mg |

Nutrition - Per 100g

No 100g Conversion Available