

Rotini Bake with Meat Sauce and Garlic Toast

NO IMAGE

Servings:	60.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-28450
School:	CUSTER BAKER INTERMEDIATE SCHOOL		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
ROTINI PASTA WGRAIN W/MEAT	30 Pound	BOIL KEEP FROZEN Place sealed bag in a steamer or in boiling water.Heat Approximately 45 minutes or until product reaches serving temperature. CAUTION: Open bag carefully to avoid being burned.	728590
BREAD GARL TX TST SLC WGRAIN	60 Each	READY_TO_EAT CONVECTION BAKE: Preheat oven to 425F. Lay slices flat on baking pans. Place baking pans on shelves in oven (if possible, place pans on every other rack for even air flow) Bake 4-5 minutes. CONVENTIONAL OVEN: Preheat oven to 425F. Lay slices flat on baking pan. Place baking pan on middle shelf of oven. Bake 4-6 minutes. Since appliances vary, these cooking instructions may need adjusting. For food safety and quality, product is fully cooked when it reaches an internal temperature of 165F.	197582

Preparation Instructions

CCP: Hold rotini with sauce for hot service at 135° or higher.

Serve 8 oz (by weight) using a heaping #6 disher. 8oz pasta yields 2 oz meat and 1 oz grain.

Scoop portion directly onto tray.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.151
Grain	2.075
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.269
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 60.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	461.29
Fat	20.70g
Saturated Fat	7.06g
Trans Fat	1.08g
Cholesterol	58.06mg
Sodium	611.02mg
Carbohydrates	43.03g
Fiber	4.23g
Total Sugar	7.45g
Added Sugar	1.08g
Protein	23.43g
Vitamin A 659.14mcg	Vitamin C 24.73mg
Calcium 62.69mg	Iron 4.33mg

Nutrition - Per 100g

Calories	203.39
Fat	9.13g
Saturated Fat	3.11g
Trans Fat	0.47g
Cholesterol	25.60mg
Sodium	269.41mg
Carbohydrates	18.97g
Fiber	1.86g
Total Sugar	3.29g
Added Sugar	0.47g
Protein	10.33g
Vitamin A 290.63mcg	Vitamin C 10.90mg
Calcium 27.64mg	Iron 1.91mg