

Sloppy Joe on Bun



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-26021

Ingredients

Description	Measurement	Prep Instructions	DistPart #
SLOPPY JOE REDUCED FAT	3 5/8 Ounce	Heat in the bag to a minimum internal temp. of 160°.	564790
wg 4 inch Hamburger Bun x	1 bun	BAKE Toast if desired	3474

Preparation Instructions

Use a #10 scoop for portioning the sloppy joe.

CCP: Hold for hot service at 140° or higher.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.130
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	298.00
Fat	8.00g
Saturated Fat	2.20g
Trans Fat	0.00g
Cholesterol	44.00mg
Sodium	639.00mg
Carbohydrates	37.00g
Fiber	3.00g
Total Sugar	11.00g
Added Sugar	5.00g
Protein	19.00g
Vitamin A 0.00mcg	Vitamin C 0.00mg
Calcium 110.00mg	Iron 4.00mg

Nutrition - Per 100g

Calories	289.57
Fat	7.77g
Saturated Fat	2.14g
Trans Fat	0.00g
Cholesterol	42.76mg
Sodium	620.93mg
Carbohydrates	35.95g
Fiber	2.92g
Total Sugar	10.69g
Added Sugar	4.86g
Protein	18.46g
Vitamin A 0.00mcg	Vitamin C 0.00mg
Calcium 106.89mg	Iron 3.89mg