

Meatball Sub Sandwich



Servings:	30.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-57778

Ingredients

Description	Measurement	Prep Instructions	DistPart #
MEATBALL CKD .65Z	5 Pound	Put frozen meatballs into steamtable pans. Pour sauce over the meatballs. Cover pan and heat for approx. 30 minuter at 375° CCP: Heat to 165° for at least 15 sec.	785860
Shredded Mozzarella Cheese, Part Skim	1 Pound	COMMODITY CHEESE	100021
Redpack Marinara Sauce, with Spices, Fully Prepared, #10, 10 Can Sz Can, 6/Case	1 #10 CAN		592714
SPICE GARLIC GRANULATED	1 Teaspoon		513881
PAN COAT SPRAY BUTTERY	1 Gram		555752
5" WG Split Top Hoagie Bun x	30 bun	READY_TO_EAT Thaw at Ambient Temperature. Ready to Eat or toast to desired flavor and texture.	3737

Preparation Instructions

Gather all ingredients needed.

Wash hands thoroughly, and put on fresh pair of gloves.

Place meatballs into a steam pan, pour sauce over to cover, and steam according to package directions/ listed above.

While steaming, open hoagie buns and lay them out on a sheet pan.

Lightly spray with Buttermist and lightly dust with garlic powder.

Toast buns a few minutes until lightly browned and toasted.

Just before service, assemble.

Portion 4 meatballs in sauce onto the bun.

Sprinkle 1 oz shredded mozzarella on top of the meatballs.

Serve immediately.

Meal Components

Amount Per Serving

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Meat/Meat Alternate	2.585
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.650
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 30.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	407.63
Fat	15.72g
Saturated Fat	6.26g
Trans Fat	0.62g
Cholesterol	50.26mg
Sodium	917.75mg
Carbohydrates	41.49g
Fiber	1.03g
Total Sugar	10.75g
Added Sugar	1.03g
Protein	23.18g
Vitamin A 37.98mcg	Vitamin C 6.75mg
Calcium 78.02mg	Iron 1.86mg

Nutrition - Per 100g

Nutrition - Per 100g	
Calories	449.18
Fat	17.32g
Saturated Fat	6.89g
Trans Fat	0.68g
Cholesterol	55.38mg
Sodium	1011.29mg
Carbohydrates	45.72g
Fiber	1.13g
Total Sugar	11.85g
Added Sugar	1.13g
Protein	25.54g
Vitamin A 41.85mcg	Vitamin C 7.44mg
Calcium 85.97mg	Iron 2.05mg