

Cheeseburger on Bun



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-25955

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEEF STK BRGR CHARB	1 Each	BAKE From thawed state: sleeve pack preparation, put a few small holes in top of bag. Place entire bag intact on sheet pan in preheated convection oven at 375 degrees f for 45 minutes. Remove from oven and let stand 3 minutes before opening bag.	203260
wg 4 inch Hamburger Bun x	1 1 bun	READY_TO_EAT	3474
Land O'Lakes Yellow American Cheese Slice	1 Piece		499786

Preparation Instructions

No Preparation Instructions available.

Meal Components

Amount Per Serving

Meat/Meat Alternate	3.250
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	400.00
Fat	20.00g
Saturated Fat	8.50g
Trans Fat	0.00g
Cholesterol	72.50mg
Sodium	565.00mg
Carbohydrates	28.00g
Fiber	2.00g
Total Sugar	4.50g
Added Sugar	0.00g
Protein	26.50g
Vitamin A 0.00mcg	Vitamin C 0.00mg
Calcium 146.00mg	Iron 2.05mg

Nutrition - Per 100g

No 100g Conversion Available