

3-Cheese Cavatappi

NO IMAGE

Servings:	80.00	Category:	Entree
Serving Size:	6.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-54366

Ingredients

Description	Measurement	Prep Instructions	DistPart #
ENTREE MACAR & 3CHS 6-5 JTM	30 Pound	BOIL KEEP FROZENPlace sealed bag in a steamer or in boiling water.Heat Approximately 45 minutes or until product reaches serving temperature.CAUTION: Open bag carefully to avoid being burned.	149193
BREADSTICK TWSTD TOPPED WGRAIN 108-2Z	80 Each	BAKE Keep frozen until ready to prepare 1.Preheat convection oven to 375°F (conventional oven to 400°F). 2.Place frozen Breadsticks on a parchment lined sheet pan. 3.Bake Breadsticks 7-9 minutes. Note: cooking equipment, equipment settings, and kitchen conditions will vary so cooking time may need adjusting. Cook all food thoroughly to 165°F. 4.Remove from oven. Serve. 5.Holding: Hold for up to 30 minutes in a warmer at 145°F.	313887

Preparation Instructions

Bake pasta and breadsticks according to package direction.

CCP: Hold at 135F or higher.

To Serve: Scoop 6 oz cavatappi onto tray with a twisty breadstick.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	3.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 80.00

Serving Size: 6.00 Ounce

Amount Per Serving	
Calories	384.00
Fat	17.50g
Saturated Fat	9.20g
Trans Fat	0.00g
Cholesterol	50.00mg
Sodium	891.00mg
Carbohydrates	41.00g
Fiber	2.00g
Total Sugar	4.00g
Added Sugar	0.50g
Protein	19.00g
Vitamin A 616.00mcg**	Vitamin C 0.00mg**
Calcium 392.00mg	Iron 1.50mg

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

Calories	225.75
Fat	10.29g
Saturated Fat	5.41g
Trans Fat	0.00g
Cholesterol	29.39mg
Sodium	523.81mg
Carbohydrates	24.10g
Fiber	1.18g
Total Sugar	2.35g
Added Sugar	0.29g
Protein	11.17g
Vitamin A 362.14mcg**	Vitamin C 0.00mg**
Calcium 230.45mg	Iron 0.88mg

**One or more nutritional components are missing from at least one item on this recipe.