

Sloppy Joe

NO IMAGE

Servings:	100.00	Category:	Entree
Serving Size:	0.33 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-58026
School:	Tri-County Jr./Sr. High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Beef, Fine Ground 85/15, Frozen	276 Ounce	17 lb. 4 oz.	100158
ONION DEHY CHPD	1 3/4 Cup		263036
SPICE GARLIC POWDER	2 Tablespoon		513857
TOMATO PASTE FCY	1/2 #10 CAN		221851
KETCHUP CAN NAT LO SOD	1/2 #10 CAN		200621
Water	1 Quart		Water
VINEGAR WHT DISTILLED 4	2 1/4 Cup		517582
SPICE MUSTARD GRND	1/4 Cup		224928
SPICE PEPR BLK (30 MESH) REG GRIND	2 Teaspoon		225045
SUGAR BROWN LT	3/4 Cup		860311

Preparation Instructions

1. Brown ground beef. Drain. Continue immediately.
 2. Add onions and granulated garlic. Cook for 5 minutes. Add tomato paste, ketchup, water, vinegar, dry mustard, pepper, and brown sugar. Mix well and simmer for 25-30 minutes.
- CCP: Heat to 155 degrees or higher for at least 15 seconds.

3. Pour 10 lb. 12 oz. (1 gallon 1/4 cup) ground beef mixture into steamtable pan (12" x20" x 2.5"). For 50 servings, use 1 pan. For 100 servings, use 2 pans.
4. CCP: Hold for hot service at 135 degrees or higher.
5. Portion with No. 12 scoop (1/3 cup) onto bottom half of each hamburger bun. Cover with top half.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 0.33 Cup

Amount Per Serving	
Calories	203.06
Fat	12.37g
Saturated Fat	4.12g
Trans Fat	2.06g
Cholesterol	53.55mg
Sodium	108.07mg
Carbohydrates	8.55g
Fiber	1.21g
Total Sugar	5.64g
Added Sugar	3.35g
Protein	14.51g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 1.32mg	Iron 0.02mg

Nutrition - Per 100g

Calories	213.23
Fat	12.98g
Saturated Fat	4.33g
Trans Fat	2.16g
Cholesterol	56.23mg
Sodium	113.48mg
Carbohydrates	8.98g
Fiber	1.28g
Total Sugar	5.92g
Added Sugar	3.51g
Protein	15.24g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 1.39mg	Iron 0.02mg