

# Tomato Soup

NO IMAGE

<b>Servings:</b>	150.00	<b>Category:</b>	Vegetable
<b>Serving Size:</b>	1.00 Cup	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-57877
<b>School:</b>	Tri-County Intermediate School		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
SOUP TOMATO	11 #5 CAN	UNPREPARED Slowly Mix Soup + 1 Can Water. Stove: Heat, Stirring Occasionally.	488232
1% Low Fat White Milk*	2 Gallon		13871

## Preparation Instructions

Stir soup and milk together. Heat to simmer, stirring occasionally.

## Meal Components

Amount Per Serving

<b>Meat/Meat Alternate</b>	0.000
<b>Grain</b>	0.000
<b>Fruit</b>	0.000
<b>DarkGreen</b>	0.000
<b>Red/Orange</b>	0.500
<b>OtherVeg</b>	0.000
<b>Beans, Peas, and Lentils</b>	0.000
<b>Starchy</b>	0.000

## Nutrition Facts

Servings Per Recipe: 150.00

Serving Size: 1.00 Cup

Amount Per Serving	
<b>Calories</b>	115.07
<b>Fat</b>	1.57g
<b>Saturated Fat</b>	0.32g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	3.20mg
<b>Sodium</b>	431.79mg
<b>Carbohydrates</b>	21.09g
<b>Fiber</b>	1.04g
<b>Total Sugar</b>	12.76g
<b>Added Sugar</b>	0.00g
<b>Protein</b>	3.79g
<b>Vitamin A</b> 29.87mcg RAE	<b>Vitamin C</b> 0.00mg
<b>Calcium</b> 72.28mg	<b>Iron</b> 0.44mg

## Nutrition - Per 100g

No 100g Conversion Available