

Cookbook for Tri-County Jr./Sr. High School

Created by HPS Menu Planner

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Spaghetti and Meat Sauce

Ham Chef Salad w/ Cheez-it® & Croutons

Turkey Chef Salad w/ Cheez-it® & Croutons

Homemade Ranch Dressing

Homemade French Dressing

Seasoned Green Beans

Yogurt Parfait

Spicy Chicken Sandwich

Diced Ham Wrap

Crispy Breaded Chicken Wrap

HS: Fries- 1 Cup

Homemade Chocolate Chip Cookie

Uncrustable with Cheese Stick & Goldfish

Seasoned Carrots

Chicken & Noodles

Cheeseburger on Bun

Mashed Potatoes

Gravy

HS: Dinner Rolls- 2 Each

Chicken Taco Meat

Breaded Chicken Sandwich

Seasoned Corn

HS Only: Tortilla Chips

Beef Taco Meat

Smoothie

Seasoned Broccoli

Sweet & Sour Chicken

Mixed Vegetables

HS: Brown Rice- 1 cup

MS: Brown Rice- 1/2 cup

HS: Hashbrowns- 22 Each

Sausage Biscuit

Creamy Cheeseburger Penne

Baked Beans

HS: Tater Tots- 16 Each

HS: Waffles- 2 Each

Homemade Blueberry Muffin

Chicken Alfredo

Sloppy Joe

Chicken Biscuit

Baked Cinnamon Apples

Orange Chicken

HS: Mac & Cheese- 3/4 cup

Grilled Cheese Sandwich

Tomato Soup

Tater Tot Casserole

Meatball Sub