

Chicken Alfredo

Servings:	100.00	Category:	Entree
Serving Size:	1.00 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-58025
School:	Tri-County Jr./Sr. High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Water	12 Gallon		Water
PASTA ROTINI 51 WGRAIN	8 Pound		229951
SOUP CRM OF CHIX	6 #5 CAN		695513
CREAMER HLF & HLF	6 Quart		487961
SPICE PEPR WHITE GRND	4 Teaspoon		513776
SPICE GARLIC POWDER	2 Teaspoon		513857
CHEESE PARM GRTD	3 Quart		252948
CHIX DCD 1/2 WHT/DARK CKD 2-5 TYSON	13 Pound		570533

Preparation Instructions

1. Heat water to a rolling boil.
2. Slowly add pasta. Stir constantly, until water boils again. Cook about 8 minutes or until al dente; stir occasionally. DO NOT OVERCOOK. Drain well.
3. Pour into steam table pans (12" x 20" x 4").
For 50 servings, use 2 pans.
For 100 servings, use 4 pans.
Critical Control Point: Hold pasta at 135 °F or higher.
4. Combine soup, half and half, pepper, garlic, Parmesan cheese, and chicken. Cook over medium heat for 5-10 minutes, stirring often.
Critical Control Point: Heat to 165 °F or higher for at least 15 seconds.
5. Combine noodles and sauce immediately before serving.
Critical Control Point: Hold for hot service at 135 °F or higher.
6. Portion with 8 fl oz spoodle (1 cup).

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	1.250
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 1.00 Cup

Amount Per Serving	
Calories	405.74
Fat	16.85g
Saturated Fat	8.61g
Trans Fat	0.00g
Cholesterol	94.10mg
Sodium	698.57mg
Carbohydrates	39.08g
Fiber	2.56g
Total Sugar	5.54g
Added Sugar	0.00g
Protein	23.46g
Vitamin A 426.08mcg RAE	Vitamin C 0.00mg
Calcium 197.38mg	Iron 1.70mg

Nutrition - Per 100g

Calories	425.93
Fat	17.69g
Saturated Fat	9.04g
Trans Fat	0.00g
Cholesterol	98.78mg
Sodium	733.33mg
Carbohydrates	41.02g
Fiber	2.69g
Total Sugar	5.82g
Added Sugar	0.00g
Protein	24.63g
Vitamin A 447.28mcg RAE	Vitamin C 0.00mg
Calcium 207.20mg	Iron 1.78mg